



Getting more from your retirement plan



For help by phone, call 800-842-2252

- Get automated account information, 24/7
- You can talk to a financial professional, weekdays, 8 a.m. to 10 p.m. and Saturday, 9 a.m. to 6 p.m. (ET)

Your employer recognizes the importance of providing you with ways to plan for your financial future, that's why they offer you a retirement plan.

There are many things you can do at TIAA.org to help you pursue your goals, including managing your retirement account, getting education, and learning more about saving and investing.

Managing your retirement account online

Once you've set up a retirement plan, and a user ID and password, you can log in to TIAA.org and go to *My Account* to take any of these actions. If you are not already enrolled, go to TIAA.org/enroll, search for your employer and follow the on-screen prompts.

 Change how future contributions will be invested	 Move money between accounts	 Choose who'll receive your investments if something happens to you
<ul style="list-style-type: none"> ▪ Select <i>Change investments</i> and then <i>Plan for the future</i> ▪ Review and update personal information ▪ Check account balances and confirm contributions ▪ View and research the performance of the plan's investment options 	<ul style="list-style-type: none"> ▪ Select <i>Change investments</i> and then <i>Change Investments</i> ▪ Manage your investments ▪ Sign up for eDelivery ▪ Learn about budgeting, investing and saving for college 	<ul style="list-style-type: none"> ▪ Select <i>Add/edit beneficiaries</i>

Getting retirement information and education

		
<p>Webinars: Visit TIAA.org/webinars to see and participate in upcoming events</p>	<p>Online: Log in at TIAA.org/retirementadvisor to plan for the retirement you want</p>	<p>One-on-one: Schedule a session by calling 800-732-8353, weekdays, 8 a.m. to 8 p.m. (ET), or visiting TIAA.org/schedulenow¹</p>

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Retirement calculators and financial tools at TIAA.org/tools

Retirement Goal Evaluator	Tax-Advantage Calculator	Asset Allocation Evaluator
<ul style="list-style-type: none">▪ Located under <i>Retirement planning</i>▪ Estimates how much of your salary you might replace at retirement	<ul style="list-style-type: none">▪ Located under <i>Taxes</i>▪ Estimates the long-term growth potential of money contributed to a tax-deferred annuity	<ul style="list-style-type: none">▪ Located under <i>Saving & investing</i>▪ See sample investment portfolios based on answers to a few questions



1. Advice is not available to participants outside of the United States.

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CREATED TO SERVE.